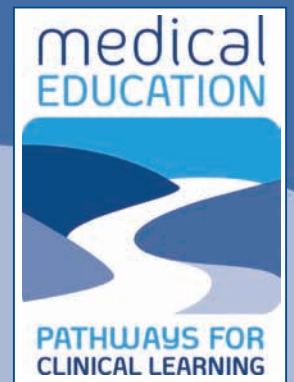


The NHSL Specialty Trainee Programme



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THE NHSL SPECIALTY TRAINEE PROGRAMME

Welcome to NHSL Medical Education

The NHS Lanarkshire Department of Medical Education strives to support '*pathways for clinical learning*' at the highest level for all medics: from student to senior consultant.

NHS Lanarkshire has over 200 middle grade trainees (approximately 140 ST). A range of training opportunities is provided according to specialty curricula and nationally agreed criteria. These are set within national assessment strategies, supported by educational and clinical supervisors. In addition, the clinical governance of patient care requires all medical staff to be provided with further core items of training which we provide.

Moreover, we aim to provide high quality facilities for learning, a range of supportive resources and some additional training opportunities to enhance the overall experience of an attachment within NHSL. We are constantly striving to improve our service: please let us know of any suggestions for future development (meded@lanarkshire.scot.nhs.uk).

GENERIC TRAINING

Induction

While trainees who have progressed beyond Foundation may not have previously been offered induction to the hospital or their department, NHS Lanarkshire believes that all medical staff should be supported in their new roles from the outset. Generic hospital and departmental induction are a core part of this approach and all specialty trainees are encouraged to attend. Much of the generic induction is now delivered through the NES DOTS system. Where an arrival to the department is out of step with the main trainee intake, we will still endeavour to deliver induction materials.

Departmental training

A range of departmental meetings, audit meetings, journal clubs, X-ray meetings etc are available. In addition, many departments now offer specific tutorial sessions for trainees over the course of the year. Some of these are supported by the NHSL Medical Education Video Conference Network. This links the units across the region and enables a larger forum of trainees to be brought together than would otherwise be possible for the session.



SKILLS-ORIENTATED TRAINING

Advanced life support

A presentation is given at induction in regard to the defibrillator and drug delivery systems used in NHS Lanarkshire. At least one full ALS courses (over and above the three courses specifically for FY2 doctors) and at least one ALS recertification course are run annually. Priority for places is given to those working in areas most likely to require the skills taught on the course.

Core Procedures training modules

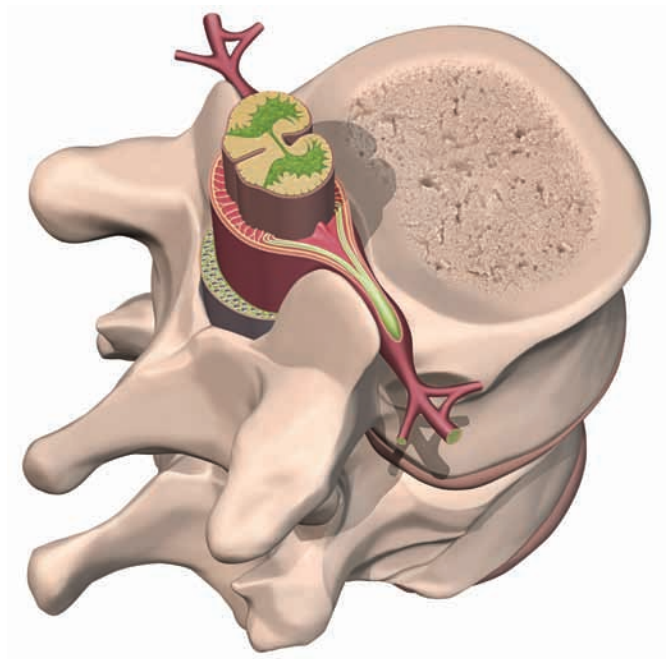
These half-day sessions are facilitated by NHSL consultants aiming for a 1:1/2 ratio to optimise learning. They are delivered on an as and when basis and are open to all trainees. They explore the indications, anatomy and physiological considerations of the relevant procedure before facilitating supervised manikin-based practice e.g.: chest drain insertion, central line insertion and lumbar puncture.

Specialty skills training sessions

In conjunction with various departments, the Department of Medical Education supports the provision of specific specialty training, e.g., 3 airway sessions from basic to advanced airway day, difficult airway course aimed at ST5/6 and consultants, bronchoscopic intubation, PLAB OSCE preparation, laparoscopic surgery. Simulation workshops including; crash call 'obstetrics' 'anaesthetics' & 'Medical emergencies'.

Bespoke skills training

Any trainees to consultants with a concern about a particular skill can contact the department for an individual consultation. This will be discussed and the session tailored to their individual needs. Contact can be made via the central office with the clinical skills lead.



Aggression management module

In response to recommendations from Ombudsman reports, Deanery and College visits, all junior doctors are encouraged to complete the online module for Aggression Management which can be found via LearnPro on <http://nhs.learnprouk.com>. Specialty trainees who have not had such training before are encouraged to contact the PAMOVA team, contact details available via Firstport. Theoretical aspects are explored prior to demonstration and practice of 'breakaway' techniques.



Aims

The aim of the course is to increase the awareness of the risk of violence at work and to increase the awareness of violence at work from a personal safety perspective.

Objectives

- ◆ to discuss current trends in violence within the NHS setting specifically in the general hospital environment
- ◆ to recognise specific causes of violence
- ◆ to identify responsibilities in terms of the management of aggressive and difficult behaviour in the work setting
- ◆ to identify the key skills required in the prevention and de-escalation of violence
- ◆ to understand the impact of threat and identify coping mechanisms
- ◆ to demonstrate and practise a limited selection of breakaway techniques specific to lone workers
- ◆ to identify some simple personal risk strategies

TEACHING SKILLS AND OPPORTUNITIES

Teacher training

The NHSL Department of Medical Education is keen to encourage trainees who have an interest in education. In particular, those trainees who expect to remain in NHS Lanarkshire for a year or more can access the following by contacting the central Department office:

PBL facilitator training

Training as a facilitator in problem-based learning is available in association with the University Of Glasgow Undergraduate Medical School.

Teaching

Opportunities to teach either undergraduate students or postgraduate trainees are plentiful including the opportunity to develop facilitation skills in simulation. Interested individuals should email the Central office (meded@lanarkshire.scot.nhs.uk), the clinical skills lead, or contact their local Subdean or Training Quality Leads, who will be pleased to advise on suitable teaching slots.



GENERAL SUPPORT

Study Leave

Please note that approval of leave for study is still required from your directorate and should be sought in the normal manner on a West of Scotland Deanery form, irrespective of whether they will fund the course.

An NHSL application form should also be completed. For this and full terms, see the local Medical Education Office.

Course Fee

From August 2011 there will be changes to charges for various courses, in particular Clinical Skills (e.g. ILS/ALS, etc), however NHSL doctors will be offered reduced rates.

To make this easier for staff, deduction can be automatically arranged from salary prior to booking confirmation.



IT Support

MEDED

www.medednhs.com

The website of the Medical Education Department is provided for all trainees and gives access to:

- ◆ clinical guidelines
- ◆ a collection of teaching and training-related websites

onexamination.com

Free access to this site is available to NHSL trainees pursuing postgraduate exams. Places are allocated on a first come, first served basis. A waiting list operates for particularly popular courses and therefore, each access code is only valid for a limited duration.

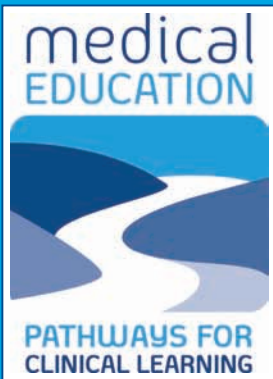


Skills Training Equipment

A range of equipment is available to support training sessions in particular clinical skills, including surgical, obstetric and paediatric procedures. The Department is pleased to make this equipment available to support additional teaching sessions as required by groups of trainees or clinical departments. Those who wish to access the equipment library should contact the clinical skills lead.



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